

You can contact me at [ronalddishinger@yahoo.com](mailto:ronalddishinger@yahoo.com) I sell nothing, have no vested interest in you whatsoever except to see you in less pain and suffering. We all have pain and suffering but to diminish pain and suffering is more human than just seeing pain and suffering. Cancer treatment- Orthomolecular: The premiere nutrient to help fight cancer is vitamin C. If you go first to [http://www.doctoryourself.com/hoffer\\_cancer\\_2.html](http://www.doctoryourself.com/hoffer_cancer_2.html)

and <http://www.vitamincfoundation.org>

to my website <http://www.biochemimbal-behavior.com>

<http://www.orthomolecular.org/library/ivccancerpt.shtml>

[http://www.seanet.com/~alexs/ascorbate/198x/smith-lh-clinical\\_guide\\_1988.htm](http://www.seanet.com/~alexs/ascorbate/198x/smith-lh-clinical_guide_1988.htm)

you will find great information on vitamin C and cancer treatments. From my website: So you take a wowping 1000mg a day of vitamin C- It will not do much good. --In every species except the human and four animal species the liver makes enzymes that equals 15,000mg of vitamin C equivalent to their weight every day and more during stress. Humans do not have that enzyme.\_This letter is about oral vitamin C\_The 1982 Letter from Irwin Stone (his complete book on my website) to Albert Szent-Gyorgyi (Discover of Vitamin C in the 1920's)\_ (Although Dr. Fred Klenner first speculated (1971) that 100 to 300 grams per day of intravenous Vitamin C for up to 3 months could cure cancer, the first actual use (1979) of such heroic amounts of C is described in this letter.)\_ (Note: Dr. Szent-Gyorgyi won the 1937 Nobel Prize in Chemistry for his discovery of VitaminC.)\_————— Dr. Irwin Stone, FIAC 1331 Charmwood Square San Jose CA 95117 (408) 374 1980 30

August 1982\_Dr. Albert Szent-Gyorgyi National Foundation for Cancer Research PO Box 187 Woods Hole, Massachusetts 02543\_Dear Albert, It is over a year since I last wrote you. Now, after 7 more published papers on the genetics of scurvy, I want to bring you up to date. \_Enclosed is a transcript of my latest paper, presented 26 June 1982, "Scurvy, the Most Misunderstood Epidemic Disease in 20th Century Medicine", Reprint No.120-T, which I thought would interest you because of its implications in cancer research. Because of the poor and inadequate full correction of the human defective gene for GLO (too little daily ascorbate intake), every cancer victim was born scorbutic, after a 9-month intrauterine bout with scurvy. This poor correction, due to grossly inadequate maternal daily intakes of ascorbate, continues throughout the lifetime of the victims, exposing them constantly to the deleterious physiological insults of Chronic Subclinical Scurvy (the CSS Syndrome). This is a large factor in the genesis of the cancer. Every cancer victim being treated by orthodox oncologists suffers also from a bad case of the CSS Syndrome. When the orthodox cut, burn, and poison techniques prove too much, the cancer victims do not die solely from the cancer lesion, but are pushed into their grave by the exacerbated uncorrected scurvy that is always present. We and other workers in this field haven't really realized the enormous size of daily dosage of ascorbate required for therapy and survival in cancer. \_I would like to tell you of an unusual cancer case history that I believe could act as a prototype for future cancer therapy and survival. A 44 year old chemist and patent attorney, a friend of mine, Joe Kieninger, in May 1973, was diagnosed as having prostatic

cancer and received the usual high risk surgery and radiation therapy. In November 1977 a bone scan indicated the cancer had metastasized to the pelvic bone.

At that time he was declared "terminal" with about 1 year to live. In January 1978, he started taking laetrile and 2 grams of ascorbic acid a day. After 10 months the cancer was still growing slowly and he modified his therapy to ascorbate orally at 24 grams per day. The cancer continued to grow and a new pelvic tumor was found as well as a tumor in the lung. In May 1979 he increased his ascorbate intake to 80 grams per day and at this level there was no cancer growth for the next 6 months. During the past 2\_ years he had the cancer under control and it grew only when his ascorbate intakes were less than 80 grams a day, or he went off his diet (no beef, candy, etc.) but stayed at 80 grams a day. During this time one pelvic tumor and rib cage tumor regressed. His primary pelvic bone tumor has not grown for 16 months and several times his lung tumors have not grown for 3 month periods. Since he began taking 80 grams a day in 1979, his well-being has been excellent. He says he feels great most of the time, has also been able to continue working every day and lives a fairly normal life of the years since November 1978 when orthodox medicine said he would be dead. Visually he looks more like an athlete than a terminal cancer patient. Recently he has been feeling poorly because of some unusual excessive stresses. His wife broke her ankle and he had to take care of her and his home in addition to work and also underwent surgery. In the last few weeks he has been able to improve his well-being by increasing his ascorbate

intake to 130 to 150 grams per day!! He has been taking oral doses every hour of 5 to 10 grams of a mixture of nine parts sodium ascorbate plus one part ascorbic acid dissolved in water. These doses are well tolerated and within "bowel tolerance" and he has had no trouble from diarrhea except just lately when he had to reduce the 150 grams a day to 130 grams. I believe Joe's case is a classic and a good demonstration that if sufficient ascorbate is given to fully counteract all the incident stresses, then the cancer can be controlled. If given early enough in this disease, then cancer may no longer be a problem. Up to now we just haven't realized how big these daily controlling doses have to be. Joe occasionally goes over to see Dr. Barry Saltzman of our local Holistic Medical Group for a booster IV shot of sodium ascorbate. Dr. Saltzman ran some ascorbate determinations on Joe's blood and came up with the highest blood levels I ever saw. At one point it was 35 mg%!! Our so-called "normal" but scorbutic population averages 1 mg% or less, our kidney threshold is 1.4 mg%. Last year Joe also went to see Dr. Ewan Cameron of Scotland when he was visiting at the Linus Pauling Institute in Palo Alto, California. Dr. Cameron was astounded at his 35 mg% blood values. In the published Cameron and Pauling cancer work, they only used a maximum dose of 20 grams of ascorbate a day. I would like to see a crash ascorbate program started on terminal cancer patients using doses in the ranges found by Joe Keininger to keep his cancer under control. Since these "terminals" have been abandoned by orthodox medicine, they have nothing to lose but their ill health. If we could add years of survival and fairly normal living as Joe did, then it might be an incentive

for orthodox oncologists to properly use ascorbate in the prevention and treatment of cancer. Maybe your NFCR could start the ball rolling on this terminal cancer salvage program. Proper funding for work of this type is always a problem and your Foundation probably needs funds just as mine and Linus Pauling's does. To help the Linus Pauling Institute with its fund raising drives, I've agreed to autograph copies of my book, THE HEALING FACTOR, "VITAMIN C" AGAINST DISEASE, to be given to any donor contributing \$100. or more. I would be happy to make available to NFCR, reprints of my scientific papers for this purpose such as the enclosed Reprint No.120-T on "Scurvy" or Reprint No.85, "The Genetics of Scurvy and The Cancer Problem", or any other of about 50 reprints listed in the enclosed list, if you want to use them in your NFCR Research Review. Please let me know how I can help. I'm sorry this letter became so long. With kind regards and best wishes,  
Sincerely yours (signed) Irwin /bs\_Encl. 3 Reprints No.120-T, No.85, List of Publications 1965-1982 cc. - Joseph Keininger, 1125 Casaba Creek Court San Jose, CA 95120\_21st Century readers: mg% = milligrams (of vitamin C) in 100 grams of water or other liquid = parts per 100,000. Catalase enzymes increase with high dose vitamin C. Vitamin C also help wall off cancer cells from spreading. In addition to vitamin C either in high doses by mouth or IV there are several other nutrients that will fight cancer cells- vitamin B3 (non-Flush) 3000mg daily, selenium 800-1200mcg daily, taurine 2000-3000mg daily and quercetin 1000mg daily. These are very important and work in different pathways than vitamin C. Do not do chemo or radiation therapies. If you do then

some of the benefits of the nutrients will have to work much harder. If you have already had chemo-radiation therapies then my suggestion is to up the vitamin C and other nutrients by at least a third or even a half to attempt to compensate for the prior damage of chemo-radiation. Frederick R. Klenner, M.D., protocol for treating cancer is printed here in total, although I do not understand the rationale for some of the ingredients. All of this is designed to kill the cancer cells by shoring up the immune system. He even recognized the therapeutic value for a positive attitude.

- 1. Use radioactive cobalt when and where indicated.
- 1. Give 45 grams of sodium ascorbate intravenously every twelve hours for one month. Then use 60 to 65 grams in 500 cc of normal saline or 5% dextrose in water for five days a week until a cure is obtained. It usually takes five months.
- 1. Each bottle is to contain one gram of calcium gluconate, a cc of some B complex, plus 1,200 mg of thiamin, 300 mg of pyridoxine, and 600 mg of niacinamide.
- 1. Oral sodium ascorbate, 5, 10, 20, grams daily. The dose depends upon the bowel tolerance.
- 1. Vitamin A palmitate, 50,000 units, daily, orally.
- 1. Pantothenic acid, (B5) one gram orally four times a day.
- 1. Amino acid protein powder with all the eighteen amino acids. 60 tablets each day or, if a powder, several tablespoons daily. This supports the immune system and the enzymes. Tyrosine should be taken separately, if possible, as this one makes the others work better; 500 mg tablets—six daily.
- 1. In addition, a high protein diet using white chicken meat, fresh fish, chicken livers, and brown-shelled eggs. Beef (but once a week) should be as lean as possible: lean stew beef or

sirloin tip are the best but have the butcher grind it three times. Hamburgers? Only once a week. No sugar and no starches. Fruit and fruit juices are permitted. Almonds are excellent.

-1. 30 to 40 apricot almonds should be chewed every day in divided doses until a continuous bitter almond taste develops. At this point the patient cuts the dose in half. "This will form cyanide by way of the stomach acid. Cyanide will kill cancer cells. Vitamin C will protect one against the lethal effects of cyanide. It is the antidote. 500 mg tablets of vitamin B17 are available. One after each meal and at bed time." (Not everyone would agree with this part of the therapy. Cancer victims are still getting amygdalin B17, as injections from Mexico, but there is some doubt as to its efficacy. LHS)

-1. Vitamin E, d-alpha tocopheryl acetate, 400 International unit size, 3,200 units daily. Don't take iron with it.

-1. One pint of grape juice daily.

-1. B complex tablets with 100 mg of each of the B's and 100 mcg of B12. Six to eight tablets daily. Theragran-M or a similar capsule with all the minerals to replace what is being pulled out by the C.

-1. Maintain the hemoglobin at 13 grams.

Keep a good attitude.